

LESSON 22

Your Lifeline to God

9: The Necessity of Prayer

Executive Summary

Prayer is the believer's ongoing communion with God, made possible through Jesus Christ. It includes worship, confession, thanksgiving, dependence, and specific requests. Scripture calls Christians to pray continually and to approach God's throne of grace with confidence, not because prayer controls outcomes, but because the Father welcomes His children and supplies mercy and help in every need.

Key Terms

Prayer	Personal communion with God in worship, dependence, confession, thanksgiving, and request.
Communion	Personal fellowship with God expressed through faith, prayer, worship, listening, and obedience.
Intercession	Prayer offered on behalf of another; Christ continually represents His people before the Father.
Dependence	Relying on God's strength, wisdom, and provision rather than treating self-sufficiency as spiritual maturity.

Key Verses

English Standard Version (ESV)

1 Thessalonians 5:17

17 pray without ceasing,

Hebrews 4:16

16 Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

Application Questions

1. What do 1 Thessalonians 5:17 and Hebrews 4:16 teach about how believers may approach God?

2. Why can Christians come to God confidently in prayer?

3. Which part of prayer do you most often leave out: worship, confession, thanksgiving, or requests?

4. Who or what will you pray for regularly this week, and when will you pray?
