

LESSON 08

How Can God Be One... and Three?

3: The Trinity

Executive Summary

The word Trinity does not appear in Scripture, yet the concept is clearly taught throughout the Bible. Christianity stands firmly on monotheism — there is only one true and living God, singular in essence. And yet, this one God eternally exists as three distinct Persons. The Trinity is not a problem to be solved but a mystery to be adored.

Key Terms

Trinity	The one true God eternally existing as Father, Son, and Holy Spirit: one in essence, three in persons.
Monotheism	The biblical confession that there is one and only one true and living God.
Essence	The one undivided divine nature fully shared by the Father, Son, and Holy Spirit.
Person	A distinct personal subject with mind, will, relationship, and action; the Spirit is a Person, not an impersonal force.

Key Verses

English Standard Version (ESV)

Deuteronomy 6:4

4 “Hear, O Israel: The Lord our God, the Lord is one.

Isaiah 45:5

5 I am the Lord, and there is no other, besides me there is no God; I equip you, though you do not know me,

James 2:19

19 You believe that God is one; you do well. Even the demons believe—and shudder!

Application Questions

1. What do Deuteronomy 6:4 and Isaiah 45:5 teach about how many true Gods there are?

2. In your own words, what does it mean that God is one God in three Persons?

3. What part of the Trinity is hardest for you to understand?

4. How does learning about the Trinity give you a greater reason to worship God?
